

Mastery statements for Kindergarten:

PE.K.1 Students will throw the object to desired target.

PE.K.1.1 Demonstrate throwing the object to the given target with opposite foot forward.
PE.K.1.2. Demonstrate throwing the object to the given target with arms spread towards the target.

PE.K.2 Students will catch the object of the bounce.

PE.K.2.1 Demonstrate the catch of self tossed object on the bounce.
PE.K.2.2 Demonstrate the catch of partner tossed object on the bounce.

PE.K.3 Students will kick the stationary object.

PE.1.3.1 Demonstrate kicking of the object with dominant foot.
PE.1.3.2. Demonstrate kicking of the object with non-dominant foot.

PE.K.4 Students will attempt dribbling of the object.

PE.K.4.1 Demonstrate basic element of dribble and object control.
PE.K.4.2 Demonstrate dribble in self generated space.

PE.K.5 Students will attempt striking and volleying.

PE.K.5.1 Demonstrate basic elements of striking.
PE.K.5.2 Demonstrate basic elements of volleying.

PE.K.6 Students will perform basic fitness activities.

PE.K.6.1 Learn basic concept of healthy body.
PE.K.6.2 Demonstrate activity that is healthy and easy to perform outside the classroom setting.

PE.K.7 Students will perform basic locomotor and body control skills.

PE.K.7.1 Demonstrate transfer of weight, rolling and balance.
PE.K.7.2 Performs simple routine that uses weight of transfer, rolling and balance.

