

Mastery statements for Grade 4:

PE.4.1 Students will throw a variety of objects in proper throwing sequence.

PE.4.1.1 Demonstrate all elements of proper throwing sequence.

PE.4.1.2 Adjust the motion to a variety of objects.

PE.4.2 Students will catch a variety of objects in proper catching sequence.

PE.4.2.1 Demonstrate all elements of proper catching in sequence.

PE.4.2.2 Adjust the motion to a variety of objects.

PE.4.3 Students will use variety of kicking skills to pass the object to target.

PE.4.3.1 Perform various kicking skills to pass the object towards stationary target (i.e. punt, shoot).

PE.4.3.2. Perform various kicking skills to pass the object towards moving target. (i.e. dribble, pass).

PE.4.4 Students will advance object control during the dribble.

PE.4.4.1 Demonstrate appropriate form and speed during the dribble.

PE.4.4.2 Demonstrate change of direction during the dribble.

PE.4.5 Students will improve accuracy during striking and volleying.

PE.4.5.1 Demonstrate appropriate form and accuracy during the striking and volleying.

PE.4.5.2 Demonstrate change of direction of stroked object.

PE.4.6 Students will perform fitness related activities.

PE.4.6.1 Demonstrate age appropriate fitness level.

PE.4.6.2 Perform fitness activities related to development of healthy exercise habits.

PE.4.7 Students will improve spatial awareness and body control.

PE.4.7.1 Demonstrate spatial awareness and body control while transferring the weight.

PE.4.7.2 Demonstrate variety of skills in sequenced pattern that require spatial awareness

and body control.

