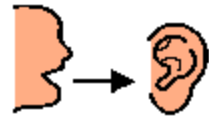


Grades 1-4 Conflict Resolution Worksheet

Step 1 Agree to work things out

- Listen to the other person without interrupting
- Tell the truth

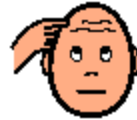


Step 2 Share what happened from your point of view

- Use “I-messages” to share what happened and how the conflict made you feel
- “I feel _____ when you _____ because _____.”

Step 3 Say what you want

- What do you want to be different?
- What do you want to change?



Step 4 Create a WIN-WIN solution

- Share ideas for a solution
- Try to find a solution where both people get what they want



Step 5 Agree on one of the solutions

- Make sure it's fair
- Make sure it's doable



Step 6 Create an agreement

- What is your plan? What will you do differently next time?

Date:

Agreed upon by:

Conflict Resolution Referral



We would like help resolving our conflict!

Name:

Class:

What happened?

Date: _____