

Home side--Goal Setting Sheet

Student _____

Advisory Teacher _____

Date _____
(Due September 4, 2008)

In an effort to create more home/school interaction, we developed this goal setting activity to be done at home with your child. It is due September 4th and should be turned in to your teacher. Please read the information below with your child and help write 2 academic and 2 personal goals with the steps it will take to achieve them.

Directions:

Setting Goals is a time saver, no a time waster. To achieve the goal you set down on this paper, you must think about how you are going to make it happen. For example, just because you want an A in a class is not enough to make sure that you will achieve it. You have to think about the steps you are going to take to insure that you reach your goal. Then, you need to periodically review your goals to see how you are progressing with each step.

Remember: Set short-term and long-term Goals

Make goals specific

Make goals realistic

Set a time line/steps to achieve

Goal 1: (academic) _____

Step 1: _____

Step 2: _____

Step 3: _____

How will I be able to measure that it is done: _____

Goal 2: (academic) _____

Step 1: _____

Step 2: _____

Step 3: _____

How will I measure that it is done: _____

