

## PERMISSION SLIP

Dear Parent or Guardian:

Beginning on 3/19/12, our physical education classes will be participating in an in-house skating program. The skates will be delivered directly to the school and used inside our gymnasium. We will be exclusively using the skates given to us from Skatetime due to insurance purposes and because their equipment is specifically intended for indoor use and will not damage our floor.

This skating unit is being implemented because of its emphasis as a "Lifetime Activity". Skating provides a variety of benefits, which include balance, coordination, motor skills, and a top rated cardio-respiratory workout. Students will also learn basic skating skills such as starting, stopping, forward skating, backward skating, cornering, and a number of safety tips for being a smart skater.

All participating students will be **required** to wear wrist guards, kneepads and a helmet. Elbow pads will also be available. Skatetime will provide this safety equipment at no extra charge, or your child may bring his or her safety equipment from home.

The fee for this unit will be \$9.00 per student. The fee includes delivery and pickup of the equipment as well as use of the skates for five days of skating. **Please make any checks out to Pleasantdale Middle School.** A scholarship program is available. Please call or email Mr. Dreher if you have questions regarding the scholarship program.

Please have your child return the **bottom half** of this permission slip with the fee no later than 2/10/12, **whether they participate or not.** A written curriculum will be given for students who do not participate. If you wish not to have your child not participate, please contact Mr. Dreher by email at [mdreher@d107.org](mailto:mdreher@d107.org) or by phone (708) 246-7382.

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I hereby grant permission for my child, \_\_\_\_\_, to participate in the skating program described. I further release Skatetime, Pleasantdale Middle School and District 107; it's agents, employees, and volunteers from all actions, damages, claims, or demands and all liability, which might be incurred during the conduct of this activity.

I acknowledge the risk and responsibilities involved in this activity. I have read this release and understand all its terms and execute it voluntarily and with full knowledge of its significance.

\_\_\_\_\_  
Parent or Guardian signature

My child's shoe size is \_\_\_\_\_ Girls \_\_\_\_\_ Boys \_\_\_\_\_

My child will \_\_\_\_\_ Bring safety equipment from home.  
\_\_\_\_\_ Use all of the safety equipment provided by Skatetime.  
\_\_\_\_\_ Use some safety equipment provided by Skatetime. (Please specify)  
\_\_\_\_\_Knee pads \_\_\_\_\_ Helmet \_\_\_\_\_Wrist guards